

# HOPE IN SUFFERING

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## 1) Your suffering WILL end

- It either gets better or you go to heaven!
- Tears will be turned to dancing at the final Resurrection

## 2) God sees the bigger picture

- *"For our momentary, light affliction is producing for us an eternal weight of glory far beyond all comparison" - 2 Cor 4:17*

## 3) God completely understands

- Christ has been through it, and worse
- ...so has His mother

## 4) Christ has transformed suffering into the greatest way to love!

- God = love, Jesus = God, Jesus = death/suffering,
- Death/suffering = LOVE (if you suffer in Christ)
- This is the Saints' secret to happiness
- One's suffering (whether emotional or physical) can be turned into a "super prayer" for the conversion of others

## 5) Remember, God ALWAYS keeps His promises

- *But one thing I do: Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus. - Phil 3: 13 -14*
- *And you shall know that I am the Lord, when I open your graves, and raise you from your graves, O my people...I have spoken, and I will do it, declares the Lord." - Ezk 37: 13-14*

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St. Gemma Galgani,  
Pray for us!

*jmy*

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ONE SOUL AT A TIME